

UV / SUN SAFE POLICY

PURPOSE

To protect all children and staff from the harmful effects of ultraviolet (UV) radiation from the sun.

SCOPE

This policy applies to children, families, staff, management, and visitors of the Out of School Hours Care Service. To ensure the outdoor environment provides shade for children, educators and staff to minimise unsafe UV exposure.

IMPLEMENTATION

Our OSHC Service will work in compliance with the *National SunSmart Program* to ensure children's health and safety is maintained at all times whilst at the Service. This policy applies to all activities on and off site.

MONITORING UV LEVELS

Sun protection is required when UV levels reach level 3 or above. Our Service will monitor the UV levels daily through;

- viewing the Bureau of Meteorology website <http://www.bom.gov.au/>

OUTDOOR ACTIVITIES

The sun protection measures listed are used for all outdoor activities during the daily local sun protection times, when the UV Index is 3 or above. The sun protection times are a forecast from the Bureau of Meteorology for the time of day UV levels are forecast to reach 3 or higher

The sun protection measures listed are used for all outdoor activities during the **daily local sun protection times**. A combination of sun protection measures is considered when planning all outdoor activities such as excursions and water play.

SHADE

Management, Nominated Supervisor will ensure:

- shaded areas will be used for play experiences
- children who do not have appropriate hats or outdoor clothing are required to choose a shady play space or a suitable area protected from the sun and not move to unshaded areas of the playground
- children will still be required to wear hats, protective clothing, and sunscreen if playing under natural or portable shade

HATS

- Children without a sun safe hat will be asked to play in an area protected from the sun *or* they may be provided with a spare hat if available at the OSHC Service.

CLOTHING

- When outdoors, staff and children will wear sun safe clothing that covers as much of the skin as possible. Cancer Council Australia recommends clothing that:
 - covers the shoulders, back and stomach
- Children who are not wearing sun safe clothing can be provided with spare clothing or will be required to play under shade or in an area protected from the sun or provided with spare clothing.

SUNSCREEN

As per Cancer Council Australia recommendations:

- staff and children will apply SPF30 or higher broad-spectrum water-resistant before going outdoors
- where children have allergies or sensitivity to the sunscreen, parents are asked to provide an alternative sunscreen, or the child is encouraged to play in the shade. A record of any allergy must be provided in writing from the parent/guardian and recorded on the child’s enrolment record
- ensure children wear shoes when playing in the outdoor area.]

POLICY REVIEWED BY	CHARMAYNE NATHAN	DIRECTOR	12/01/2022
POLICY REVIEWED BY			
POLICY REVIEWED	JANUARY 2022	NEXT REVIEW DATE	JANUARY 2023
MODIFICATIONS	<ul style="list-style-type: none"> • Policy reviewed by Cancer Council’s SunSmart Program for all states/territories 		

	<ul style="list-style-type: none">• additional information re: Sun Protection times for each state/territory added• small additions to wording included in policy- re: hat/brim size, safety standards, links to resources and information additional UV index level information• edited webpage address for BOM• optional Daily Playground Surface Temperature Check added• minor edits
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